



Santaquin Recreation

801-754-5805

santaquin.org



Registrations available online at www.santaquin.org or register in the Recreation Offices at 45 W. 100 S. Office hours Mon-Thurs 1-5pm, and Fri 9am-1pm.

COMMUNITY TRUNK OR TREAT: Monday, Oct. 31, 2016 at 6pm, Centennial Park 300 W. 100 S. Bring your car and candy for a fun and safe time!



HALLOWEEN CARNIVAL: Powered by Rococo Performing Arts Studio. Come enjoy a safe fun filled family friendly event, costumes welcome (school regulations on costumes enforced)! October 28th from 5-8pm at the Recreation Offices (45 W. 100 S.).

Halloween Carnival

- Join us for an exciting day of fun, food, bounce houses (weather permitting) and games! Everything will cost tickets, most between 1 and 6 tickets. Fun for the whole family!
- Pre-sale tickets are 5 for \$1. They will be 4 for \$1 at the door!
- Purchase online at www.santaquin.org until 10/28 at 1pm. Please add multiple items to your cart until you have reached your desired amount of tickets! Tickets will be available at the ticket window the day of the event!



JR. JAZZ BASKETBALL: Early registration: Oct 3rd-24th (\$5 discount), regular registration will be Oct 25th- Nov 7th or until full. \$10 late fee will apply after the 7th.

- 1st and 2nd Graders will participate in a developmental co-ed league that will meet 7 times **on a week night**. Season will start in January and consist of approx. a 20 minute practice and 20 minutes of game scrimmage with another team. Parent volunteers needed to coach.
- 3rd-8th Graders will have league play and will be drafted into teams. Practices will start in December. The season will start in January and run through February with games being on Saturdays between 8am-4pm* (1 game and practice per week) 7 games total. For teams that qualify in grades 5th-8th, there will be a post league tournament. Parent volunteers needed for head coach position.
- *Now hiring referees, scorekeepers and gym supervisors! (14 yrs-Adult)*



TURKEY BOWL MEN'S 7V7 FLAG FOOTBALL TOURNAMENT: There's no better tradition than getting together with friends and playing some football before stuffing yourself with Turkey on Thanksgiving! Games will be played on November 19th from 11am-5pm. \$150 per team (6 teams max) with 7-10 players on each roster. Participants must be ages 18+. *Now hiring adult refs! \$25 per 45 minute game!*



YOUTH WRESTLING & VOLLEYBALL: Regular registrations end on 10/3! Please check online for available spots and fees.



GROUP FITNESS CLASSES: Cost is \$2.50 to drop in or \$20 for a 10 punch pass with the 11th class FREE!

- **Zumba Fitness:** Join the Party Tuesday and Thursday 9 am & 8 pm with instructor Tina Mortensen.
- *****NEW*** Aerobics and Strength Conditioning:** Monday and Wednesday at 9 am starting 9/7! This fun fit workout contains low to medium cardio moves that are easy to follow. Less stress on the joints and balance is emphasized. Hand weights and resistance bands are utilized for strengthening and toning muscles. A proper warm up and relaxing stretch cool down make this workout safe, thorough and effective. Join the fun with Sharri Clonts a seasoned exercise instructor with motivating play lists from the oldies to today's hottest hits! Please bring an exercise mat, water and a hand towel.



UTAH VALLEY MARTIAL ARTS: Our martial arts program is based on the style of *Youn Wha Tae kwon do*. Students will be trained both mentally and physically to advance in rank as well as in character and ability. All of our training leads to living the 6 principles of martial arts: *Be Polite, Be Patient, Be Alert, Be brave, Do Your Best, Respect Yourself and Others*. Students will learn the techniques that are key to self-defense and the defense of those around you. As you advance through the system, you will have the opportunity to participate in class leadership, weapons training, and more.



- Tigers \$50 (age 4-7) meet on Tues or Thurs from 4-4:30pm
- Youth \$65 (age 7-12) white belts only, meet on Tues and Thurs from 4:15-5pm and Sat at 9-10am
- Youth \$65 (age 7-12) yellow belts and above, meet on Tues and Thurs from 5-6pm and Sat at 9-10am
- Adult \$65 (age 13+) all belts, meet on Tues and Thurs from 6-7pm and Sat at 9-10am.



PARTIES/ GET TOGETHERS: We host stress free Parties! Basic Birthday package starting at \$100 includes 1.5 hours of fun, a bounce house and 10 children. We also rent the space for \$45/hour and provide tables and chairs. Great for any family get together during the holiday season! No selling of merchandise or alcohol on City property. Call the Recreation Offices at 801-754-5805 for more information.

